



Part A: Personal and Social Development		Part B: Physical and Emotional Health		Part C: Learning and Thinking		
Activity	Description	Activity	Description	Activity	Description	
Part A-1: Personal and Social Development	<p>Is always respectful &amp; courteous towards teachers and adheres to the rules. Is aware &amp; helpful towards teachers. Has a positive attitude towards learning, communicates with &amp; confides in teachers and takes criticism positively.</p> <p>Expresses ideas &amp; opinion freely with classmates. Is always sensitive &amp; supportive towards peers &amp; differently abled schoolmates. Is receptive to ideas and suggestions from others. Is an inspiration to all; can manage diversity well.</p> <p>Is a keen and active/able participant in various school programmes and environmental initiatives. Demonstrates leadership skills and usually speaks with pride of the school. Takes care of the school property.</p> <p>Generally follows values systems and adheres to rules. Respects National Flag and symbols. Is honest, kind and responsible. Displays a positive attitude and a spirit of citizenship. Is sensitive to diversity.</p>	A	<p>Is always respectful and courteous towards teachers and others. Exhibits a positive attitude towards learning and adheres to school and class norms. Communicates effectively with teachers and takes criticism positively.</p> <p>Expresses ideas freely in a group &amp; is receptive to opinions &amp; suggestions. Displays sensitivity to differences &amp; is kind &amp; helpful. Respects the opposite gender.</p> <p>Attaches a lot of importance to the school programmes and events and regularly participates in the various activities. Displays leadership skills and is regular and punctual.</p>	A	<p>Is supportive towards peers and differently abled schoolmates. A Communicates with &amp; confides in teachers and takes criticism positively.</p> <p>Attaches a lot of importance to the school programmes and events and regularly participates in the various activities. Displays leadership skills and is regular and punctual.</p>	B
Part A-2: Personal and Social Development	<p>Is a keen and active/able participant in various school programmes and environmental initiatives. Demonstrates leadership skills and usually speaks with pride of the school. Takes care of the school property.</p> <p>Generally follows values systems and adheres to rules. Is kind and courteous. Displays a spirit of citizenship. Safeguards public property. Is sensitive to diversity.</p>	B	<p>Generally follows values systems and adheres to rules. Respects National Flag and symbols. Is honest, kind and responsible. Displays a positive attitude and a spirit of citizenship. Is sensitive to diversity.</p>	B	<p>Generally follows values systems and adheres to rules. Respects National Flag and symbols. Is honest, kind and responsible. Displays a positive attitude and a spirit of citizenship. Is sensitive to diversity.</p>	B
Part B-1: Physical and Emotional Health		Part B-2: Physical and Emotional Health		Part C-1: Learning and Thinking		
Part B-1: Physical and Emotional Health	<p>Participates in various sports and games. Shows agility and flexibility. Shows good endurance. Shows all these skills to work together.</p>	A	<p>Shows an innate talent in an identified sport. Represents school at various levels. Has endurance, strength &amp; flexibility with good hand eye coordination. Displays team spirit, sportsmanship, discipline, punctuality &amp; regularity.</p>	A	<p>Displays an innate talent in an identified sport. Represents school at various levels. Has endurance, strength &amp; flexibility with good hand eye coordination. Displays team spirit, sportsmanship, discipline, punctuality &amp; regularity.</p>	A
Part B-2: Physical and Emotional Health	<p>Participates in various sports and games. Shows agility and flexibility. Shows good endurance. Shows all these skills to work together.</p>	B	<p>Regularly participates in literary and creative events at school and inter-school level. Appreciates written and spoken texts, expresses ideas and opinions creatively. Reads books and is an inspiration for all.</p>	B	<p>Actively participates in literary and creative events at school and inter-school level. Is an avid reader and appreciates written and spoken texts, expresses ideas and opinions clearly.</p>	B
Part C-1: Learning and Thinking	<p>Is able to apply science in everyday life. Participates in scientific activities at school and inter-school levels. Displays good experimental skills and is a keen observer.</p>	B	<p>Actively participates in scientific activities at school and at inter school level. Plans and coordinates science related events, displays good experimental and observational skills.</p>	B	<p>Understands the techniques, postures (posture) and is good at breath regulation exercises. Demonstrates flexibility and agility and is able to regulate exercises. Understands its importance in everyday life.</p>	A

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